



# Student and Family Counseling Assistance

The Family Counseling Program at Broward County Public Schools provides services to help families cope with complex issues and challenges they may experience in everyday life. These challenges often affect student performance in school, and counseling can help the student function more effectively at school, at home and in the community.

## Staff

The Family Counseling Centers are staffed with master's or doctoral level, licensed therapists who have extensive experience in individual and family counseling. Services are available in English, Spanish, Portuguese and Haitian Creole.

## Services

The Family Counseling Program provides short-term individual and family counseling to help address challenges across a number of areas including:

- Significant family issues including communication, divorce/separation, abandonment, parenting skills, abuse, and bereavement/loss.
- Social issues including self-esteem, bullying, peer pressure, and conflict resolution.
- Emotional issues such as anxiety/depression, crisis intervention, trauma, anger management, stress management, and mild substance abuse.
- School-related issues including study skills, school anxiety/phobia, attention deficit disorder, attendance, and behavioral issues in class.

## Appointments

Appointments for day and evening counseling sessions can be arranged by contacting the Family Counseling Office at 754-321-1590.

## Who is Eligible?

Services are available to families residing in Broward County with a school-aged child enrolled in any school within the county.

**For more information call 754-321-1590.**

**You can also find your school's counselor and more at [browardschools.com/familycounseling](http://browardschools.com/familycounseling).**

**All Services are Private, Confidential, Free of Charge**



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